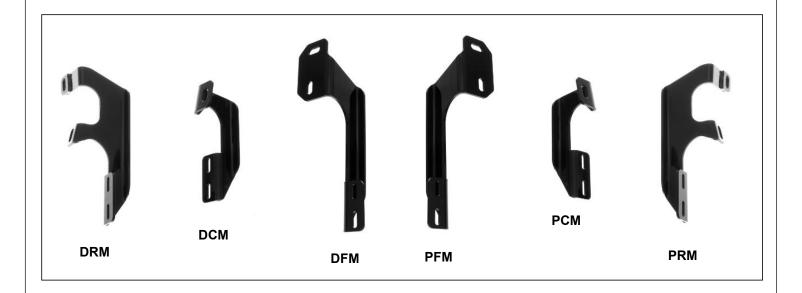
## iRunning Board Installation Instruction

## Application:For 2013-2019 FORD ESCAPE

Rev:20190701

### PARTS LIST:

Item	Qty	Description	Item	Qty	Description
#1	2	Running Board (use for left or right)	#10	2	M10x35 T-bolts (Both front outer)
#2	1	Driver/Left Front Mounting Bracket ( DFM )	#11	1	M10x35 T-bolt (Driver front inner)
#3	1	Passenger/Right Front Mounting Bracket (PFM)	#12	10	10mm Plastic Retainers
#4	1	Driver/Left Center Mounting Bracket (DCM)	#13	10	M10 Flat Washers
#5	1	Passenger/Right Center Mounting Bracket (PCM)	#14	10	M10 Lock Washers
#6	1	Driver/Left Rear Mounting Bracket (DRM)	#15	10	M10 Hex Nuts
#7	1	Passenger/Right Rear Mounting Bracket (PRM)	#16	12	M6 T-Bolts
#8	2	10mm x 35mm Special Bolt Plate (rear)	#17	12	M6 Flat Washers
#9	5	10mm x 35mm Button Head Bolt Plates	#18	12	M6 Nylon Hex Nuts



### PROCEDURE:

- 1. REMOVE CONTENTS FROM BOX. VERIFY ALL PARTS ARE PRESENT. READ INSTRUCTIONS CAREFULLY BEFORE STARTING INSTALLATION. CUTTING IS REQUIRED. ASSISTANCE IS RECOMMENDED.
- 2. Start installation under the driver side of the vehicle. **NOTE**: To help determine the correct mounting holes to use, hold the front Bracket up in position against the floor panel and line up the Bracket with the correct holes, (Fig 1).

### a. Driver side front Bracket installation:

Select (1) 10mm x 35mm Small T-Bolt and (1) 10mm Plastic Retainer, **(Fig. 2A)**. Partially thread the Retainer onto the T-Bolt. Insert the T-Bolt into the inner factory oval hole. Rotate the T-Bolt 90-degrees so that the plate is across the slot. Thread the Retainer down until it is tight against the floor panel. The Retainer is designed to help hold the T-Bolt in place during Bracket installation. Next, insert (1) 10mm x 35mm Large T-Bolt with (1) Plastic Retainer into the outer oval hole in the floor panel next to the pinch weld as previously described, **(Fig. 2B & 3)**.

### b. Passenger side front Bracket installation:

**IMPORTANT**-Repeat the previous **Step 2a** for passenger side Bracket installation but note that the inner mounting tab on the front Bracket will use (1) 10mm x 35mm Button Head Bolt Plate,

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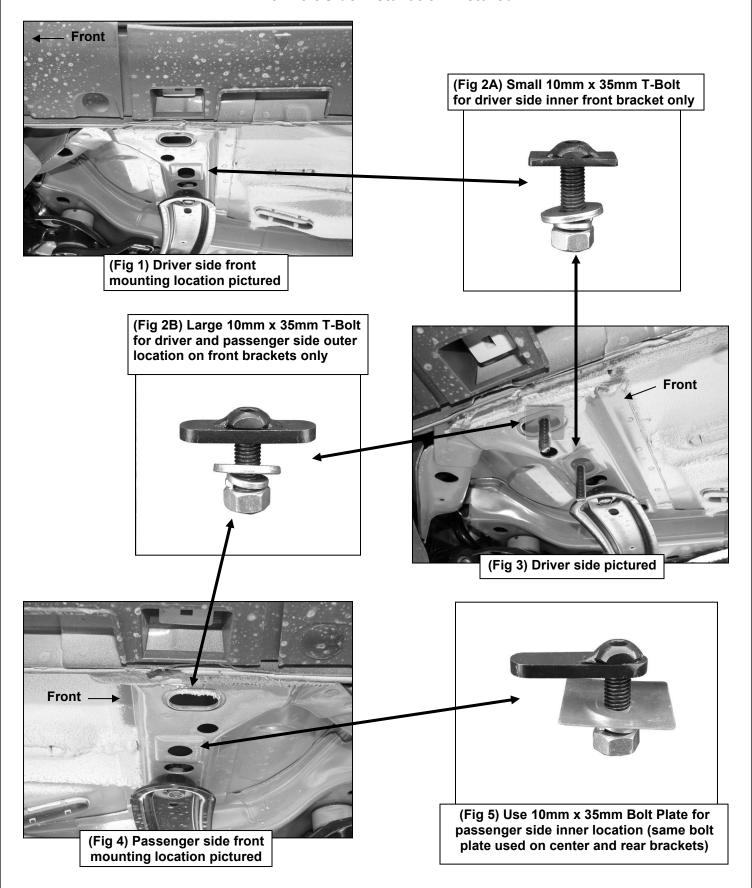
(same bolt plate as used on center and rear Brackets), inserted into a round hole instead of the 10mm Small T-Bolt, (Fig. 2B, 4 & 5).

- **3.** Hang the driver side Front Bracket from the T-Bolts with (2) 10mm Flat Washers, (2) 10mm Lock Washers and (2) 10mm Hex Nuts, **(Fig. 6)**. Do not tighten hardware at this time.
- **4.** Release the plastic clips holding the lower plastic rocker panel cover to the bottom of the body, **(Fig. 7)**.
- 5. Measure 40" back from the bottom corner of the wheel opening to locate the correct factory hole under the plastic rocker cover for the center Bracket, (Fig. 8). Pull plastic out to access the hole, (Fig. 10). Partially thread (1) 10mm Plastic Retainer onto (1) 10mm x 35mm Button Head Bolt Plate, (Fig. 9). Insert Bolt Plate, (Fig. 10), into the round hole and thread the Retainer down tight against the body. NOTE: Insert the Center Bracket into the approximate position. Mark the Bracket location on the bottom edge of the plastic cover, (Fig. 11). Cut a small slot in the bottom edge of the cover to clear the Bracket. Bolt the Bracket to the Bolt Plate with (1) 10mm Flat Washer, (1) 10mm Lock Washer and (1) 10mm Hex Nut, (Fig. 12 & 13). Do not tighten hardware at this time.
- 6. Move to the rear location and remove the plastic cover on the floor panel, (Fig. 14). Locate the small round hole under the plastic rocker cover, (Fig. 15). Select (1) 10mm x 35mm Bolt Plate and (1) 10mm Plastic Retainer. Insert the Bolt Plate into the round hole as described in **Step 5**, (Fig. 16 & 17).
- 7. Next, locate the large round hole in the floor panel. Insert (1) 10mm x 35mm Bolt Plate into the large round hole and out the smaller hole toward the front, (Fig. 18 & 19). Next, Slide the driver side Rear Bracket under the plastic rocker cover and over the (2) Bolt Plates, (Fig. 20). Secure the Bracket to the outer 10mm Bolt Plate with (1) 10mm Flat Washer, (1) 10mm Lock Washer and (1) 10mm Hex Nut. Attach the Bracket to the Larger 10mm Bolt Plate with (1) 10mm Flat Washer, (1) 10mm Lock Washer and (1) 10mm Hex Nut. Do not tighten hardware at this time.
- 8. Hold the plastic cover removed in **Step 6**, up in position. Trace the location of the rear Bracket onto the cover, **(Fig. 21)**. Carefully cut the plastic cover to clear the Bracket, **(Fig. 22A & 22B)**. **IMPORTANT**: Cut as little as possible from the cover. Do not cut off the mounting area for the factory hardware. Reinstall the plastic cover and all plastic clips holding the bottom of the rocker cover to the body panel.
- 9. Carefully unwrap and select the Running Board. Insert (6) M6 T-Bolts into the slots in the end of the channels, (3 Bolts per channel), on the bottom of the Running Board, (Fig. 23). Hold the Running Board up in approximate position and slide the T-Bolts down to line up with the Mounting Brackets. Tilt the Board up at a slight angle and push back against the vehicle until the T-Bolts fit into the slots on the Brackets. VERY IMPORTANT: The front Bracket is very close to the slots in the front-end of the Board for the T-Bolts. Loosen the Front Bracket and push it toward the rear of vehicle so that the Bracket is at a slight angle to clear the slots for the T-Bolts, (Fig. 24). Secure the Board to the Brackets with (6) M6 Flat Washers and (6) M6 Nylon Lock Nuts, (Fig. 25). Do not tighten hardware at this time.
- **10.** Level and adjust the Running Board and tighten all hardware. **NOTE: Torque all M6 nylon lock nuts to 7 lb-ft.**
- **11.** Repeat **Steps 2 10** for passenger side Running Board installation. **NOTE**: See specific passenger side front Bracket installation info in **Step 2b**.
- **12.** Do periodic inspections to the installation to make sure that all hardware is secure and tight.

**To protect your investment**, wax this product after installing. Regular waxing is recommended to add a protective layer over the finish. Do not use any type of polish or wax that may contain abrasives that could damage the finish. **For stainless steel**: Aluminum polish may be used to polish small scratches and scuffs on the finish. Mild soap may be used also to clean the Running Board.

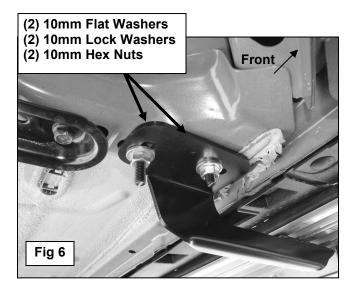
**Driver/Left Side Installation Pictured** 

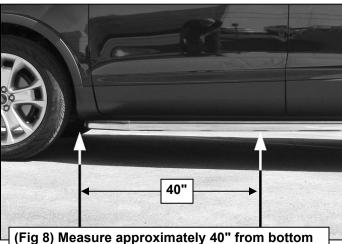
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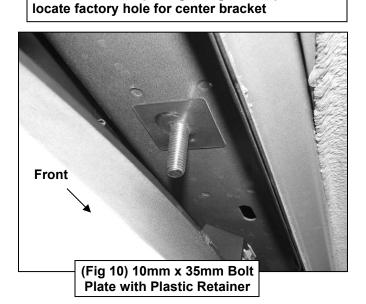
**Driver Side Installation Pictured** 

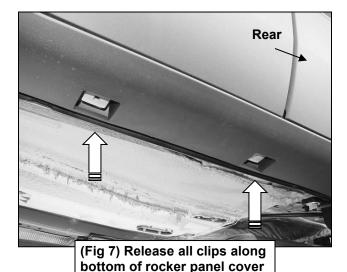
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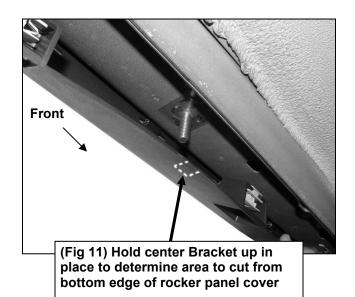


corner of wheel opening along rocker panel to



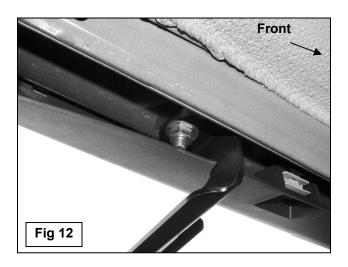


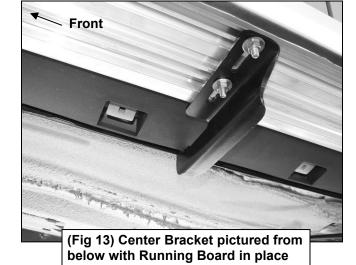


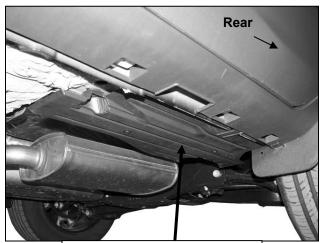


## **Driver Side Installation Pictured**

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(Fig 14) Remove plastic cover



(Fig 15) 10mm x 35mm Bolt Plate

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## **Driver Side Installation Pictured**





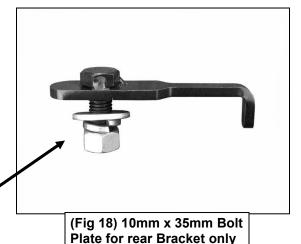
(Fig 17) Rear mounting location with **Bolt Plate pictured from below** 



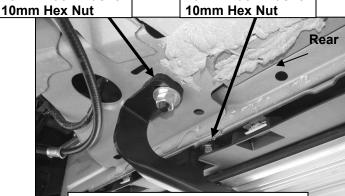
(Fig 19) Insert 10mm Bolt Plate into large hole and out smaller hole



(Fig 21) Hold plastic cover up in position to determine area to cut from cover



10mm Flat Washer 10mm Flat Washer 10mm Lock Washer 10mm Lock Washer



(Fig 20) Rear Bracket pictured from below with Running Board installed

**Driver Side Installation Pictured** 

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